

THE WOODBERRY WORD

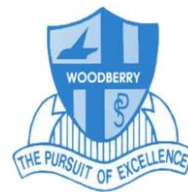
RESPECT, COMMITMENT, RESPONSIBILITY

PRINCIPAL: MS JOANNE BURRELL

WE MEET AND LEARN ON WONARUAH COUNTRY

PHONE: (02) 49 66 2044

FAX: (02) 49 64 1148



Term 1, Week 2

Monday, 5 February 2018



Welcome Back to 2018!!

We have a fun filled, jam packed year of learning ahead of us.

We would like to welcome our new Kindergarten students and families to WPS. There are a lot of new faces around which we are very excited about.

Attached to this week's newsletter you will find our 2018 Canteen menu.



SCHOOL LEADERS 2018

SCHOOL CAPTAINS



Brayden Skuthorpe



Jyerell Wilson

VICE CAPTAINS



Darnel Silva



Tiffany Bell

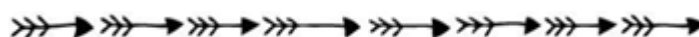
DATES TO REMEMBER...

| Date | Events |
|--------|--------------------------------|
| 15 Feb | Swimming Carnival |
| 15 Feb | Free healthy lunch box session |
| 30 Mar | Easter Friday- School closed |
| 2 Apr | Easter Monday- School closed |
| 13 Apr | Last day Term 1 |

PBL

Positive Behaviour for Learning
FOCUS OF THE WEEK

Our WPS Captains and Vice Captains took a pledge to up hold our school values at all times, so this week we are focusing on
RESPECT, COMMITMENT AND RESPONSIBILITY
How do you show your values at school and at home?



Bus pass 2018

Students catching bus to and from school must have a student opal card. Students with no opal card after the **Wednesday 28th February** will not be able to travel by bus.

Applications for opal cards are completed online, visit transportnsw.info/school-students to apply. Please see our office staff if you need assistance.



Uniforms

WPS uniforms are sold in our front office.

| | |
|---------------------|---------|
| School Shirt | \$22.00 |
| Boys Shorts | \$17.00 |
| Skorts | \$17.00 |
| Sport Shorts | \$16.00 |
| Track Pants | \$20.00 |
| Jumper | \$25.00 |
| Jacket | \$33.00 |
| School hat | \$7.00 |
| Early Birds t-shirt | \$14.00 |
| Library bag | \$10.00 |



New Canteen opening days-
MONDAY, THURSDAY and FRIDAY
Lunch.

New menu attached



Swimming Carnival

Next **THURSDAY 15th FEBRUARY** we will be having our **COMPETITORS ONLY** swimming carnival for **year 3 – 6 students and any year 2 students turning 8 this year.**

Please return permission note and payment of \$2.20 for pool entry to the front office by Friday 9th February 2018.

Drum Corp

At this week's Friday assembly there will be a Drum Corp performance demonstrating what will be coming to WPS soon.



Permission notes will be sent home in the next few weeks if your child is interested in this exciting new program.

LIBRARY NEWS

Library borrowing will now be on **TUESDAYS**. We will begin library borrowing for home in **week 5 this term.**

GOT IT!

Kinder, Year 1 & Year 2 Participation in Fun Friends



Term 1 2018, Woodberry Public School.

Delivered by the Teacher as part of class activities
Includes parent support with home activities.

Fun Friends is a program that enhances children's emotional resilience and their social skill development which will stay with them for life.

The **GOT IT!** Team, from the local Health Service, who have been working in the school have recently trained the K-Yr2 Teachers to be accredited facilitators for *Fun Friends*. The Kinder, Year 1 and Year 2 Teachers will now be able to run the program as part of their classroom activities during Term 1 2018.

All of the K- Yr2 children will be doing activities in class time giving them the opportunity to further build their social and emotional skills, helping them to improve their self-confidence, problem solving skills, ability to get along with others, make new friendships, identify support people and to effectively cope with new or difficult situations. It engages children through games, role plays, puppets, story books and discussion.

The program also includes home practice tasks for the parent/carer and child to work on together, taking approximately half an hour each week. Setting a time aside on a particular day is a great way to manage this special time for you and your child. A Parent workbook will be given to each child to take home to guide the parent and child in these activities each week

"Children who are emotionally and socially skilled relate better to other children, teachers and parents. They are more competent in dealing with stress and school work"

(Aber, Jones, & Cohen 2000)

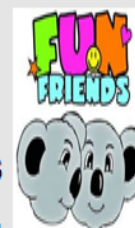
Thank you, from The GOT IT! Team



Health
Hunter New England
Local Health District

GOT IT! Tip of the Week

Praise your children for trying and not for being perfect.
Try to help your child focus on their effort in giving things a go and not necessarily for the outcome of their efforts.



Francis Greenway High School

Come along and meet our fabulous teachers who will be showcasing the strong educational and wellbeing culture of FGHS and to explore what Year 7 will be like in 2019



When: 14 February, 5.00pm –6.30pm

Where: Kearsley Centre (MPC)



Successful Learners—Supportive Environment

We would like to meet new students and their families to welcome them to the next stage in their education.



CHALLENGING BEHAVIOUR IN YOUNG CHILDREN

A workshop for Parents and Carers

"Challenging Behaviour in Young Children" looks at typical development in Children 2-8 years, the things that affect children's behaviour and strategies to support challenging behaviour.

How behaviour is affected by:

- Communication
- Special Needs
- Anxiety
- Sensory processing
- Trauma
- Social / emotional competence will be explored.

Where—Woodberry Family Centre, 11 Lawson Ave, Woodberry

When— Wednesday 28th March 2018

Time— 10.00am-12.30pm Cost-Free

Register online @ www.stickytickets.com.au

For more information please contact Sharyn Ferguson on 49374549

There is no childcare available for this workshop

HunterPrelude
CREATING OPPORTUNITIES



The simplest way
to improve the health of your
family and save money

Come to our FREE Healthy Lunch Box Session

Date: Thursday 15 February 2018

Time: 9.00am – 9.30am

Venue: Place of Friends
Woodberry Public School



Eating enough fruit and veg every day can help protect your kids against diseases including some forms of cancer. This popular session run by Cancer Council NSW as part of the Eat It To Beat It program will give you:

- New and exciting recipes & ideas for healthy lunch boxes your kids will love.
- Simple ways to get the whole family eating enough fruit & veg.
- Practice packing a simple and healthy lunch box.

To register online go to: <http://tix.yt/healthylunchbox>



| | |
|---------------------------|--|
| Principal: | Joanne Burrell |
| Assistant Principal: | Cheryl Taggart |
| Assistant Principal: | Chelsea Lilliss |
| Rel. Assistant Principal: | Meegan Kavanagh |
| Instructional Leader: | Rebecca Lee |
| Phone: | 02 49 662 044 |
| Fax: | 02 49 641 148 |
| Email: | woodberry-p.school@det.nsw.edu.au |
| Website: | www.woodberry-p.schools.nsw.edu.au |



2.15pm EVERY FRIDAY

ALL WELCOME!

Woodberry Public School

2018 CANTEEN MENU

Term 1

HOT FOOD (Sauce extra 20c)

| | | With sauce | | |
|-------------------------|--------|---------------|--------------------------|--------|
| Chicken Nugget | .60 | | Chicken Burger | \$5.00 |
| Sausage in a Bread roll | \$2.20 | \$2.40 | Hot Chicken & Gravy Tubs | \$4.00 |
| Sausage Rolls | \$3.00 | \$3.20 | Chicken & Gravy Rolls | \$4.50 |
| Pies | \$3.40 | \$3.50 | Gravy tub | \$1.20 |

PIZZA

| | |
|-------------------------|--------|
| Ham, cheese & pineapple | \$2.20 |
| Ham & cheese | \$2.20 |

TOASTED SANDWICHES

| | |
|--------------|--------|
| Ham & cheese | \$3.50 |
| Ham | \$3.00 |
| Cheese | \$3.00 |

SANDWICHES (ROLLS & WRAPS extra 50c)

| | | Wrap/Roll | | | Wrap/Roll |
|-------------------------|--------|---------------|------------------------|--------|---------------|
| Vegemite | \$2.00 | \$2.50 | Chicken, Mayo, Lettuce | \$4.00 | \$4.50 |
| Ham | \$3.00 | \$3.50 | Chicken Breast | \$3.50 | \$4.50 |
| Egg | \$3.00 | \$3.50 | Egg & Lettuce | \$3.50 | \$4.00 |
| Cheese | \$3.00 | \$3.50 | Ham & Salad | \$4.00 | \$4.50 |
| Salad | \$3.50 | \$4.00 | Chicken Salad | \$4.50 | \$4.70 |
| Ham & Cheese | \$3.50 | \$4.00 | | | |
| Extra filling .50c each | | | | | |

SALAD TUBS (Mayo/Salad dressing extra 50c)

| | | | |
|----------------------|--------|--------------------------|--------|
| Salad | \$5.00 | Salad with egg | \$5.50 |
| Ham Salad | \$5.00 | Salad with ham & egg | \$5.50 |
| Chicken breast salad | \$5.00 | Salad with chicken & egg | \$5.50 |

DRINKS

| | |
|---------------------------------------|--------|
| Water 350ml | \$1.00 |
| Milk (Chocolate, Strawberry) 200ml | \$2.00 |
| 100% Popper Juice 200ml | \$1.50 |
| (Orange, apple, apple & blackcurrant) | |
| Chill Drinks | \$2.00 |

ICE BLOCKS

| | |
|----------------------------|--------|
| Frozen yoghurt cups | \$1.20 |
| Smoozes Fruit | \$1.00 |
| Fruit Bombs | \$1.20 |
| Quelch Sticks | \$1.00 |
| Icy Popsies | .60c |
| Water Melon & Orange Bombs | \$1.20 |

SNACKS

| | | | |
|----------------------------|--------|-------------------------|--------|
| Fruit tub | \$2.00 | (new) Cheese & crackers | \$1.50 |
| Fruit Sticks | \$1.00 | (new) Fresh Vegie Cup | \$1.50 |
| Fruit in season (variable) | \$1.00 | Small Muffins | .60 |
| Jelly cups | \$1.00 | Vegie Sticks | \$1.00 |
| Mousse cup | \$1.00 | Anzac Biscuits | .40 |
| Frozen grapes/fruit | .50 | Pikelets | .40 |
| Red Rock Chips | \$1.20 | | |